



MANDARIN ORIENTAL
BODRUM

14 JUNE

GLOBAL WELLNESS DAY

We invite you to join us for an exclusive celebration of Global Wellness Day with a curated programme.

09:00 am - Reconnect Meditation with Payem

11:00 am - Technogym workout

14:00 pm - Face Mist workshop with Fiolas

16:00 pm - Aerial Yoga with Payem

17:30 pm - Sound Healing with Gökçe Es by ALO

