



CELEBRATE GLOBAL WELLNESS DAY AT ZULAL WELLNESS RESORT BY CHIVA-SOM WITH COMPLIMENTARY WELLNESS ACTIVITIES

Zulal Wellness Resort by Chiva-Som lines up a series of wellness activities to celebrate Global Wellness Day that falls on Saturday 8 June 2024.

June 2024: Zulal Wellness Resort by Chiva-Som is proud to join the global community in celebrating Global Wellness Day that takes place on Saturday 8 June 2024. The special event will feature a series of complimentary wellness activities designed to inspire and promote a healthy lifestyle for all.

Located in northern Qatar, Zulal Wellness Resort is the first and largest wellness destination in the Middle East to feature dedicated wellness retreats that offer health solutions uniquely personalised for guests embarking on a bespoke journey through a series of immersive experiences. Dedicated to fostering holistic wellness, this event will provide guests with a chance to experience transformative practices including Tai Chi and Sound Bath Meditation in a serene environment.

The event will take place on Saturday 8 June, from 15.30 to 19.00 at the Eshar Ballroom and Zulal and Discovery Oasis, Zulal Wellness Resort. Guests are welcomed to the exclusive event with a wellness drink upon registration, followed by a floating meditation session to center the mind and body. The event flows with a sunset session, where participants can learn the graceful movements of Tai Chi, and concludes with the harmonious vibrations of a Singing Bowl Sound Bath Meditation.

FACT BOX:

What: Global Wellness Day

Where: Eshar Ballroom and Discovery Oasis, Zulal Wellness Resort by Chiva-Som

When: Saturday 8 June 2024

Time: 15.30 – 19.00

Price: Free

With the event being free, guests are encouraged to register before attending. To register, please Call/WhatsApp +974 4477 6555.

For further information, please visit website www.zulal.com or follow @zulalwellnessresort on [Facebook](#) or [Instagram](#). To send enquiries, please contact Zulal team at reservations@zulal.com.

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ABOUT ZULAL WELLNESS RESORT

Zulal Wellness Resort is a unique wellbeing haven, brought to life by Qatar's premier master developers, Msheireb Properties. Set to be Qatar's largest wellness destination, and the Middle East's first wellbeing resort, Zulal Wellness Resort by Chiva-Som, the region's largest holistic wellness resort and the world's first contemporary showcase of Traditional Arabic & Islamic Medicine (TAIM).

Located in Khasooma, a private coastal location to the north of Qatar, Zulal Wellness Resort brings visitors a luxurious experience, offering the highest international standards that are inclusive of local family values. Zulal, which is an Arabic word meaning 'pure natural water,' offers two exclusive venues for health and wellbeing. Adults can access a wide range of therapeutic and lifestyle enhancement treatments based upon traditional Arabic and Islamic wellness principles in the Zulal Serenity, and Zulal Discovery enables families to enjoy positive wellness experiences together, inspiring young children and their parents with fun, interactive activities that help them learn more about adopting a healthy lifestyle.

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