

# europaean Spa

THE NO.1 MAGAZINE FOR SPA AND WELLNESS



Issue 58 | June/July 2017 | [www.europeanspamagazine.com](http://www.europeanspamagazine.com)



## WORLD OF WELLNESS

Finding balance at Oman's Anantara Al Jabal Al Akhdar

## THE BEST OF BRITISH

Look inside London's luxurious Lanesborough Club & Spa

## EXPERT GUIDE: NAILS

Invaluable spa mani-pedi advice and product innovations

## SOUTH AFRICA SHINES

How European brands combine with locally inspired treatments

## Global Wellness Day 2017 prepares to bring ‘mindfulness and happiness’ to 100 countries



**GLOBAL:** The sixth annual Global Wellness Day (GWD) – aimed at ‘encouraging kindness, gratitude, mindfulness and happiness’ – is set to be celebrated on June 10 in more than 100 countries around the world.

Founder Belgin Aksoy Berkin (pictured right), supported by a network of more than 85 Global Wellness Day Ambassadors as well as three advisors and 21 key supporters, has organised complimentary wellness events in more than 4,000 locations for the 2017 event.

“We’re thrilled that Global Wellness Day is gathering such support worldwide,” said Aksoy



“Our ambassadors have done such an amazing job that this year we are able to expand our focus. We’re also seeing an emphasis on the happiness and health of children, which continues to give me hope for the future.”

Commenting on the role that spas can play in supporting the GWD agenda, she added: “Spas are perfect places for people to find inner peace and health. This accords magnificently with our aim to encourage people to start a healthy lifestyle.”

For details on how to take part in Global Wellness Day, email: [info@globalwellnessday.org](mailto:info@globalwellnessday.org)  
[www.globalwellnessday.org](http://www.globalwellnessday.org)

### News in brief

#### Mandarin Oriental joins Green Spa Network to boost sustainability

**GLOBAL:** Mandarin Oriental Hotel Group’s portfolio of 24 spas have partnered with the Green Spa Network, a non-profit association founded in 2002 that is dedicated to making spas more sustainably efficient.

As part of the new partnership, Mandarin Oriental will create a ‘Group Sustainability Assessment’ that will adapt the Green Spa Network’s Sustainability Assessment Tool for use in global, multi-property hotel brands.

[www.mandarinoriental.com](http://www.mandarinoriental.com)

[www.greenspanetwork.org](http://www.greenspanetwork.org)

#### Six Senses’ third European property to be built on the island of Ibiza

**SPAIN:** Six Senses has unveiled plans to open its first resort and spa in Ibiza. Located on the northern tip of the island in Cala Xarraca Bay, Six Senses Ibiza is set to comprise a resort, spa and residential community. The group’s third European property, it is scheduled to open in 2020 under a management agreement with Beach Box Ibiza S.L.

The comprehensive wellness offering will include a ‘spiritual learning centre’ with an innovative approach to optimising health which will include fitness, nutrition and mindfulness.

[www.sixsenses.com](http://www.sixsenses.com)

#### Preidlhof enhances luxury suites with hydro relaxation spaces

**ITALY:** The Preidlhof resort and spa in Naturns, South Tyrol, has reopened following the completion of a €6m (£5.07m) refurbishment and luxury upgrade programme. Each of the hotel’s 32 suites now also include Spa Loggia relaxation spaces, some of which also feature their own whirlpool and private sauna.

[www.preidlhof.it](http://www.preidlhof.it)

## Anantara marks European brand debut in Portugal

**PORTUGAL:** The first European property of hospitality group Anantara Hotels, Resorts & Spas has opened in Portugal.

The Anantara Vilamoura Algarve Resort is located on the south coast of the country and was relaunched as an Anantara hotel and spa on April 1, having previously been operated as the Tivoli Victoria.

Featuring 280 guest bedrooms and suites, the property underwent an extensive refurbishment prior to the relaunch, incorporating the main lobby, the gym and the Anantara Spa.

The rebranded 600sqm Anantara Spa is managed by MSPA International and will use Elemis for all facial treatments. The menu also offers a selection of Anantara’s signature Ayurveda-based treatments alongside indigenous Mediterranean-inspired treatment journeys.

As well as seven treatment rooms including three double suites, facilities at the rooftop spa include an indoor vitality pool, experience showers and an outdoor relaxation deck.

[www.anantara.com](http://www.anantara.com)

